



16179 Taconic Circle, Dumfries, VA 22025  
703-906-3848

## Membership Application

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Personal email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

*Racing Category, and Licensing numbers if applicable:*

Category: \_\_\_\_\_ USCF#: \_\_\_\_\_ NORBA#: \_\_\_\_\_ USAT#: \_\_\_\_\_

Annual membership fee is \$25.00 and entitles you to:

- 1) Be listed on the Team Roster
- 2) Be eligible to purchase team clothing at team cost
- 3) Be eligible to receive all team discounts on all products offered by the current team sponsors
- 4) Be eligible for race reimbursement (under the below guidelines and fund availability)
- 5) Have access to the team messaging system, and training/race calendars

Race Reimbursement Guidelines:

- 1) Reimbursement **will be paid based on availability of existing budget** with the goal of up to 50% of the entry fee (not including late fees).
- 2) No reimbursement will be paid for a race not finished for any reason other than a crash or mechanical.
- 3) You are required to race and finish a minimum of 5 races prior to being eligible to request reimbursement.
- 4) All riders must record and submit proof of races entered and place finished.

In order to be eligible for the above privileges, please return a signed copy of this application, and the Code of Conduct, along with payment to: CRFP Cycling at 16179 Taconic Circle, Dumfries, VA 22025. Make checks payable to CRFP Cycling.



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**RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, INDEMNITY AGREEMENT**

IN CONSIDERATION of being permitted to participate in any way in any Capital Region Fire & Police Cycling Team/Club Bicycling Activities (Activity”) I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH (RISKS); (b) THESE risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE “RELEASEES” NAMED BELOW; (c) there may be other risks and social and economic losses either not known to me, or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.
3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the team/club, their respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place,(each considered one of the “Releasees” herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGE ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE “RELEASEES” OR OTHERWISE; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, INDEMNITY, AGREEMENT, I, or anyone on my behalf, makes a claim against any of the “Releasees”, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which may incur as the result of such claim.
4. AGREE to wear an approved helmet while participating in this Activity and to follow the rules of the road and all applicable laws and safe bicycle practices.

I UNDERSTAND AND AKNOWLEDGE THAT CHECKING THIS BOX IS IN LIEU OF, AND ACTS WITH THE SAME FORCE AND EFFECT AS MY ACTUAL SIGNATURE. BY CHECKING THIS BOX I AGREE THAT I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY CHECKING THIS BOX AND ENTERING MY NAME BELOW, AND HAVE DONE SO FREELY AND WITHOUT INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE IF ANY PORTION OF THIS AGREEMENT IS HELD INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

**Full Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_



## CODE OF CONDUCT

1. The mission of Capital Region Fire & Police Cycling Team (CRFP) is to encourage participation and the pursuit of excellence in all aspects of cycling. CRFP Cycling grants the privilege of membership to individuals committed to that mission. The privilege of membership may, therefore, be withdrawn or denied by CRFP Cycling at anytime where CRFP Cycling determines that a member or prospective member's conduct is inconsistent with the mission of the organization or the best interest of the sport and those who participate in it.
2. In order to assist all members to better serve the interests of those who participate in cycling, CRFP Cycling has adopted this Code of Conduct.
3. To this end, I pledge to uphold the spirit of this Code of Conduct, which offers a general guide to my conduct as a member of the CRFP Cycling Team. I recognize that this Code does not establish a complete set of rules that prescribes every aspect of appropriate behavior. Further, I:
  - will refrain from conduct detracting from my ability or that of my teammates or athletes to attain peak performance;
  - will respect the property of others whether personal or public;
  - will respect members of my team, other teams, spectators and officials, and engage in no form of verbal, physical or sexual harassment or abuse;
  - will follow my individual sport rules, including by way of example, rules regarding curfew and required attendance at team meetings or functions and such other rules as may be in force during the time I am representing the Cycling Team, provided that these rules have been distributed to me in advance in written form;
  - will remember that at all times I am an ambassador for my sport, my country, CRFP Cycling and my respected department.
4. Any member or prospective member of CRFP Cycling may be denied membership, censured, placed on probation, suspended for a definite or indefinite period of time with or without terms of probation, fined or expelled from CRFP Cycling if such member violates the provisions of the CRFP Cycling Code of Conduct, through direct action or lack of action, aids, abets or encourages another person to violate any of the provisions of the CRFP Cycling Code of Conduct, or through any action that the team coordinators feel jeopardizes the integrity of CRFP Cycling.
5. The following shall be considered violations of the CRFP Cycling Code of Conduct:
  - 5.1. Conviction of, imposition of a deferred sentence for, or any plea of guilty or no contest at any time, past or present, or the existence of any pending charges, for (i) any felony, (ii) any offense involving use, possession, distribution or intent to distribute illegal drugs or substances, or (iii) any crime involving sexual misconduct;
  - 5.2. Any non-consensual sexual contact or advance directed towards an athlete, coach, official, trainer, or any other persons by another athlete;

- 5.3. The sale, distribution or administration of any illegal or controlled substance either orally or by injection, unless it is done so by a licensed, medical professional for the purposes of health maintenance or due to illness;
  - 5.4. The providing of alcohol to any person by another athlete, where the person is under the legal age allowed to consume or purchase alcohol in the state where the alcohol is provided;
  - 5.5. Physical abuse of an athlete, or any other person;
  - 5.6. Any act of fraud, deception or dishonesty in connection with any CRFP Cycling-related activity;
  - 5.7. Any non-consensual physical contact, obscene language or gesture, or other threatening language or conduct directed towards any race official and which is related to any decision made by such official in connection with a sanctioned competition;
  - 5.8. Discrimination on the basis of race, color, religion, age, sex, or national origin;
  - 5.9. Failure of any member who is party to or witnesses of any violation(s) contained in the above stated CRFP Code of Conduct to report the specific violation to CRFP immediately.
6. Alleged violations of the CRFP Cycling code of conduct must be reported to the Coordinators of CRFP Cycling.

**\*\*\* ACCEPTANCE OF TERMS AND CONDITIONS OF CRFP CYCLING  
CODE OF CONDUCT AGREEMENT \*\*\***

BY CHECKING THIS BOX I CERTIFY THAT I HAVE READ ALL  
TERMS AND CONDITIONS AND FULLY UNDERSTAND, ACCEPT AND  
AGREE TO BE BOUND BY THEM:

**Full Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

On behalf of CRFP Cycling, this agreement has been accepted and approved by:

Signature: \_\_\_\_\_

Title: \_\_\_\_\_

Date: \_\_\_\_\_